

Caring for your swim suit

To keep your child's suit wearing and looking great, only wear the suit at meets. Whatever suits your swimmer has been wearing for practice are fine. We know the suits are expensive so follow the care instructions from the manufacturer below.

Pool chemicals and oil residues can be particularly damaging to swimwear containing Lycra® spandex. To prevent chemical damage to SPEEDO® swimwear, rinse your SPEEDO® suit in cold water immediately after each use. Do not wash suit with any detergent. Always hang-dry your suit in a well-ventilated space, as mildew will cause premature deterioration of swimwear containing Lycra® spandex.

Remember that loose fitting garments do not wear as well as those that conform to the body. When putting on your SPEEDO® suit, do not pull too hard on the fabric as it may damage. It is best to pull the suit up onto the body in stages, holding the SPEEDO® suit at the leg openings.